

Health checkup card

Name		Date of birth		Date of hire	
		Gender	Male · Female		
Date of Examination					
Age					
Name of other legal special medical examinations		/		/	
Work Experience <input type="checkbox"/>					
Previous medical history <input type="checkbox"/>					
Subjective symptoms					
Objective symptoms					
Height (cm)					
Weight(kg)					
B M I					
Abdominal circumference (cm)					
Visual acuity	Right	()	()	()	()
	Left	()	()	()	()
Hearing	Right 1000Hz	No findings Findings <input type="checkbox"/>			
	4000Hz	No findings Findings <input type="checkbox"/>			
	Left 1000Hz	No findings Findings <input type="checkbox"/>			
	4000Hz	No findings Findings <input type="checkbox"/>			
	Method of examination	1.Augio 2. Others	1.Augio 2.Others	1.Augio 2.Others	1.Augio 2.Others
Chest X-ray		Direct Indirect	Direct Indirect	Direct Indirect	Direct Indirect
Date of X-ray					
X-ray result					
Sputum Examination <input type="checkbox"/>					
Blood pressure(mm H g)					
Anemia test	Hemoglobin (g / d l)				
	Red blood cell count (10,000 / mm ³)				
Liver function test	G O T (I U / l)				
	G P T (I U / l)				
	γ - G T P (I U / l)				
Blood lipid test	LDL cholesterol (mg/dl)				
	HDL cholesterol (mg/dl)				
	Triglycerides (mg/dl)				
Blood glucose test (mg/dl)					
Urine test	Suger	- + ++ +++	- + ++ +++	- + ++ +++	- + ++ +++
	Protein	- + ++ +++	- + ++ +++	- + ++ +++	- + ++ +++
Electrocardiogram					

Date of Examination				
Other Legal Inspections				
Other Inspections				
Physician's Diagnosis <input type="checkbox"/>				
Name of physician who conducted the medical examination				
Opinion of physician <input type="checkbox"/>				
Name of the physician who gave the opinion				
Physical Examination by Dentist				
Name of the dentist who conducted the medical checkup				
Opinion of Dentist				
Name of the dentist who gave the opinion				
Remarks				

Remarks

- 1 To be used when a medical examination under Article 44, 45, 47, or 48 of the Industrial Safety and Health Regulations, a medical examination under Article 66, paragraph 4 of the Industrial Safety and Health Law (excluding medical examinations at the time of hiring), or a medical examination under Article 66-2 of the same law is conducted. or Article 66-2 of the same law.
- 2 In the "Name of other statutory special medical examinations" column, enter the following number if there is a statutory medical examination that is supposed to be conducted because the worker concerned is engaged in specific work.
 (1. organic solvents 2. lead 3. tetraalkyl lead 4. specified chemical substances 5. hyperbaric work 6. ionizing radiation 7. asbestos 8. pneumoconiosis)
- 3 BMI shall be calculated by the following formula.

$$BMI = \frac{\text{Body weight (kg)}}{\text{Height (m)}^2}$$
- 4 In the "Visual acuity" column, enter the uncorrected value outside the parentheses () and the corrected value inside the parentheses ().
- 5 For the examination method in the "Hearing" column, circle 1 if an audiometer is used, and circle 2 if a non-audiometer is used. For hearing tests conducted by a method deemed appropriate by a physician in accordance with the provisions of Article 44, Paragraph 5 of the Industrial Safety and Health Regulations, enter the presence or absence of findings in the 1,000 Hz space, without dividing the test into 1,000 Hz and 4,000 Hz spaces.
- 6 In the column of "Other statutory inspections," enter the results of the medical checkups prescribed in Article 47 of the Industrial Safety and Health Regulations and the medical checkups conducted under the instructions of the director of the Prefectural Labor Standards Bureau pursuant to Article 66, paragraph 4 of the Industrial Safety and Health Law, except for the items in the respective corresponding columns.
- 7 In the "Doctor's diagnosis" column, enter the doctor's diagnosis such as no abnormality, close examination required, or treatment required.
- 8 In the "Doctor's Opinion" column, enter the doctor's opinion on measures to be taken in the event that an abnormality is found as a result of the medical checkup.
- 9 In the "Medical checkup by a dentist" column, enter the medical checkup as stipulated in Article 48 of the Occupational Health and Safety Regulations.
- 10 In the "Opinion of Dentist" column, enter the opinion of the dentist regarding measures to be taken on the job when an abnormal finding is diagnosed as a result of a medical checkup by a dentist.